



# Toilet Learning

## SIGNS OF READINESS

- 
- Able to walk to the potty chair (or adapted toilet seat)

---

  - Stable while sitting on the potty (or adapted toilet seat)

---

  - Able to remain dry for several hours

---

  - Able to follow simple (1 and 2 step) commands

---

  - Able to communicate the need to use the potty

---

  - Eagerness to please

---

  - Desire for independence and control of bladder/bowel

---

  - General interest in the bathroom

---

  - Tells you that they need to go or asks for a diaper change

---

  - Shows discomfort when the diaper is wet or dirty

---

@leadphysio